

Monday Memo



Monday 20th April

Summer Term

Issue #27



Park Run

Congratulations to all our Park Run members who represented our school yesterday at Worden Park. Our runners have achieved personal bests and have shown great determination and perseverance since joining - well done to you all! If your child/ren is interested in joining, you will need to register for parkrun (for free) here - www.parkrun.org.uk/register/ or scan the QR code below.



Here are details of the event:

- Address: Worden Park, Worden Lane, Leyland, PR25 3DH
- Every Sunday, at 09:00am arrive at 08:45am for the fun warm up
- The event starts at The Avenue near the Langdale Road gate/entrance
<https://www.parkrun.org.uk/worden/course/>
- If you are interested in volunteering, please email the event team on worden@parkrun.com it is great fun and a lovely way to meet new people.

Once you have registered, joining our 'group' is easy:

- 1.Log back into your profile
- 2.Search for Farington Moss St. Paul's Church of England. Primary School
- 3.When the group appears, select it and click join



Celebration Assembly

After speaking with children, we have decided to celebrate the success of our pupils by presenting them their awards in the same week. This will offer immediate praise to the children, reinforcing positive growth mindset.

As a result, parents/carers will receive an invite to attend the assembly on a Thursday ahead of the next day.

From w/c 20th April, Celebration Assembly will start slightly later at 2:40pm each Friday.



Diary Dates

Wednesday 22nd April Earth Day + Themed Dinner	Thursday 23rd April St. George's Day We encourage members of uniformed organisations—including Brownies, Rainbows, Guides, Beavers, and Scouts to wear their uniforms to school to celebrate the patron saint of England and Scouting		
Thursday 23 rd April Year 2 Class Worship 09:05am-09:30am	Monday 4 th May School Closed - Bank Holiday	Friday 8 th May Year 4 Lego Robotics	Monday 11 th - Thursday 14 th May Year 6 SATs week
Friday 15 th May Year 4 Reading Breakfast 09:05am-09:30am	Tuesday 19 th May Reception and Year 1 Tots on Tyres	Friday 22 nd May End of term awards 09:05am Close for half term 3:20pm from School	Monday 8 th June School re-opens for Summer 2 Term



St. Pauls' Parish News & Events



Tuesdays 09:00am—11:30am

Warm Space (coffee and bacon butties)
Supported by members of our
Children's Chaplain from
10:00-10:30am



www.stpaulsprimaryschoolfarington.co.uk



www.instagram.com/faringtonmossstpauls/



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Attendance w/b 13/04

Reception: 99%

Year 1: 94%

Year 2: 98%

Year 3: 99%

Year 4: 99%

Year 5: 99%

Year 6: 96%

Whole School Overall: 97%

Target: 97%

House Points w/b 13/04

Parlick: 124

Longridge: 105



Pendle: 147



Bowland: 85

Worship Values

Our worship value this half term is 'Friendship'



In our Celebration Assembly, we will celebrate 1 pupil from each class who has shown the term's value.

This term we will celebrate our 'Fantastic Friend'.



What Parents & Educators Need to Know about IMAGE-ALTERING FILTERS

From playful puppy ears on Snapchat to 'beauty mode' on TikTok, image-altering filters are now a routine part of how young people communicate online. While many are harmless, others subtly reshape people's faces and bodies. This can blur the line between reality and edited content, potentially influencing how children and young people see themselves and others.

WHAT ARE THE RISKS?

ALTERED BEAUTY STANDARDS

Many 'beauty' filters smooth skin, reshape facial features, or adjust body proportions. Over time, repeated exposure to these filters can shift a child's idea of what is 'normal' or attractive, creating unrealistic expectations about their own and others' appearances.

PRESSURE TO LOOK PERFECT

Filtered images can often attract more 'likes' and positive comments. This can encourage children and young people to rely on editing tools to gain others' approval, rather than feeling confident in their natural appearance.

LOW SELF-ESTEEM

Regularly viewing heavily filtered content can lead to comparisons with unrealistic images. This is linked to body dissatisfaction and reduced self-esteem, particularly among children and teenagers.

HIDDEN ADVERTISING

Some filters are linked to beauty products or trends, subtly promoting third-party brands. Children and young people may not recognise this as advertising, while also sharing personal data – such as facial images and usage habits – with apps and third parties.

BLURRED REALITY

As filters become more advanced and natural-looking, it can be difficult for children and young people to distinguish edited content from real life, especially when filters are used in everyday photos and videos.

SEXUALISED EDITS

Certain tools can make users appear older or more sexualised. This may attract unwanted attention, increase the risk of images being shared without consent, and expose young people to unsafe interactions.

Advice for Parents & Educators

START OPEN CONVERSATIONS

Talk regularly about filters, such as how they work and why people use them. Ask the children and young people in your care how filtered images make them feel and encourage honest discussion without judgement.

REINFORCE WHAT'S REAL

Help children and young people understand that filtered images are digitally altered and are not an accurate reflection of real life. Emphasise that they don't need to meet these artificial standards.

CHALLENGE 'PERFECT' POSTS

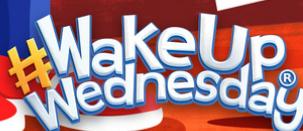
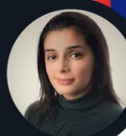
When viewing content together, gently point out the signs of editing, filters, or posing techniques. This builds critical thinking and helps children and young people question unrealistic images.

PROMOTE OFFLINE CONFIDENCE

Encourage activities that build self-worth beyond appearance, such as sports, hobbies, friendships, and creative interests, so that confidence isn't tied solely to online validation.

Meet Our Expert

Parveen Kaur is a digital parenting expert and founder of Kids N Clicks, a platform dedicated to helping parents navigate the online world alongside their children. She is an expert contributor for Internet Matters, offering practical guidance on emerging online safety issues. Her insights have been featured by the BBC, The Telegraph, TalkTV, and other major media outlets, supporting families across the UK.



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See full reference list on our website

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